

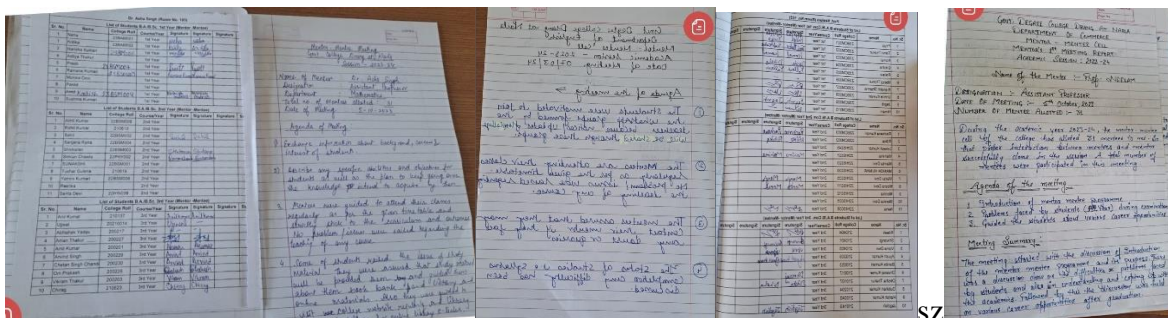
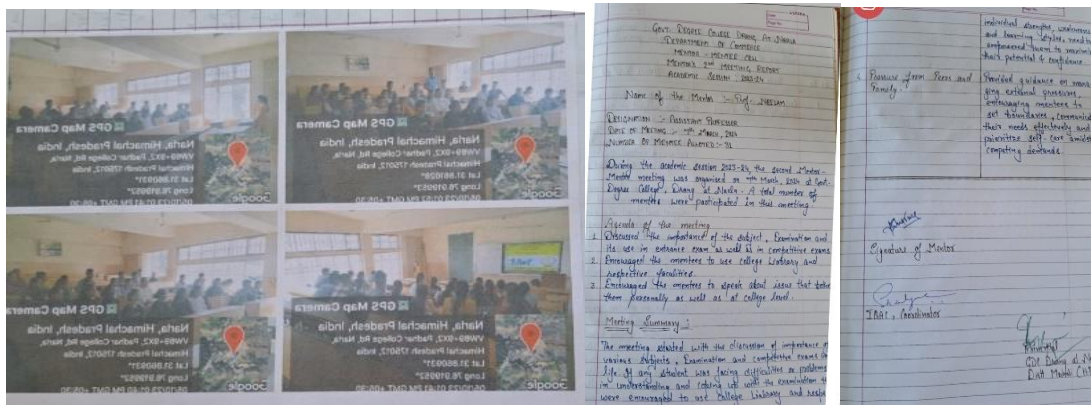
5.1 BEST PRACTICES

Practice-1

Mentor-Mentee Groups

In the college Mentor-Mentee groups are created comprising students randomly selected from various streams under each teacher, who is serving as a mentor for that particular group. It is a very effective system to narrow down the gap between the mentee and the mentor and thereby the society in general. These teacher mentors are providing counseling and guidance through personal attention, regular dialogues and conducting frequent meetings regarding queries about their academics, career choices and adjustment challenges in the campus, personal problems and stress related issues for their holistic development.

https://www.gcdrang.ac.in/Mentor_mentee_programme.aspx

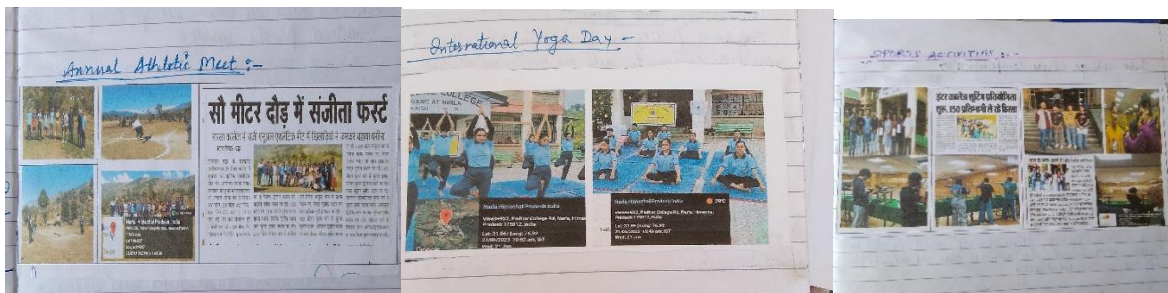


Practice 2

Promoting Mental and Physical Fitness

Mental health and physical fitness are essential to foster a supportive and healthy campus environment. These services aim to address the emotional, psychological, and social well-being of students, helping them manage stress, anxiety, and other mental health challenges. By offering counseling, workshops, and wellness programs, the college ensures that students have access to the tools and resources needed to maintain balance in their academic and personal lives, promoting overall well-being and success. A programme on mental health was organized

with Bramha Kumaris Center Mandi, and recently an MOU is signed with Brahma Kumaris for five years to organize mental health and wellness programmes. The college promotes sports activities and Yoga programs to improve the physical fitness of students.



https://www.gcdrang.ac.in/Sports_club.aspx

Practice-3

Grooming of Personality through Outreach Programmes and Other Activities

The academic and extra-curricular activities are promoted for the overall growth of the students and for that it is ensured that the volunteers, students and in charges of various clubs and societies attend the required trainings, orientation and other programmes. These volunteers of clubs and societies spread awareness about various issues through different activities/competitions.

<https://www.gcdrang.ac.in/NCC.aspx>

<https://www.gcdrang.ac.in/NSS.aspx>

https://www.gcdrang.ac.in/Red_ribbon_club.aspx

https://www.gcdrang.ac.in/Road_safety_club.aspx

https://www.gcdrang.ac.in/Rovers_and_rangers.aspx

https://www.gcdrang.ac.in/Session_wise_details.aspx

NCC



Rangers and Rovers

Rovers & Ranger Activities :-



World Scouts Scarf Day
 Dated: 1st August 2023




Rovers & Ranger Activities :-




World Scouts Scarf Day
 Dated: 1st August 2023




One day Scout Camp :-



Fire Safety Training Program



One day Visit to Verma Industries
 Dated: 1st September



One day Scout Camp :-







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Safety







One day Scout Camp :-



One Day Camp
 Near to, Himalayan Frontiers, India
 Gurgaon, Haryana, India
 Lat 31.000000, Lon 76.950000

Alifan Testing Camp :-



Red Ribbon Club



Road Safety Club



Eco Club

