#### GDC orang at Naria, Mandi, HP Red Ribbon Club Activities (2023-24)

Action Taken Report

#### 1. World Hepatitis Day

On 28July, 2023 'World Hepatitis Day' was celebrated at GDC Drang at Narla by Prof Asha Thakur, Nodal Officer, Red Ribbon Club in collaboration with BMO Civil Hospital Padhar. On this occasion, Dr Sanjay Gupta, BMO, Dr Nitesh, Ms Urmila Chandel, Health Educator and Mr Munish Sharma from New Disha Centre delivered their lectures to the students and provided detailed information about the symptoms, medical treatment and prevention of such a serious and fatal liver diseases like Hepatitis. Our college Principal Bandana Vaidya and the whole staff attended this function along with the students and volunteers.

#### 2. Orientation Programme and Exposure Visit

On Sept 16, 2023 Nodal Officer, Asha Thakur and three girl students namely, Ankita, Nikita and Suhani participated as Peer Educators in one day 'Orientation Programme and Exposure Visit'organized by HP State AIDS Control Society at Zonal Hospital Mandi.

#### 3. RRC Youth Fest 2023

On Sept 20, 2023 our three college students/ volunteers namely, Suresh, Arvin and Gitesh took part in Marathon (5 km) organized by HP State AIDS Control Society, Shimla at VGC Mandi. All these students were among the top ten positions. The main purpose of this marathon was to spread awareness about HIV/AIDS among youth and community people.

#### 4. A Lecture on Adolescent Health and Nutrition

On October 4, 2023 an awareness programme was organised at our college. In this programme, Counselor Ms Ruma, Mamta Project, Jagriti Organization, Zonal Hospital Mandi delivered a lecturer on 'Adolescent Health and Nutrition'. In this lecture, she provided important information about various health and nutrition related issues and their solutions and encouraged the students to maintain a healthy life style.

#### 5. World AIDS Day Celebrations

On December 1, 2023 World AIDS Day was celebrated was celebrated at our college. On this occasion, various activities and competitions such as Slogan writing, Poster making, Rangoli, Declamation, Reel making etc were organised to make the students aware about HIV/AIDS,

Importance of Blood donation,Drug Abuse, TB etc. Through short videos students were informed about the contribution of Red Ribbon Club in the prevention and awareness of these serious diseases among youth and community people also. Our college Principal, whole staff, volunteers of various clubs and societies, NCC, NSS, Rovers & Rangers, and other students witnessed this function.

#### 6. Reel Making competition

In the month of December, 2023 under RRC Youth Fest -2023, a district level online Reel making competition on HIV/AIDS awareness was organised by HP State AIDS Control Society Shimla. Our college student Nitin Verma, BA III, participated and got 2nd position with a prize money of? 1000.

#### 7. International Women's Day

On March 15, 2024 under RRC 'International Women's Day Awareness Programme' RRC of our college organised an awareness programme for NSS volunteers and other students during annual NSS Camp. In this programme, Ms Urmila Chandel, Health Educator, Civil Hospital Padhar provided important information about HIV/AIDS, TB, Menstruation and Hygiene related issues to the students. On this occasion, the students were made aware by using entertaining social media platforms, such as Short videos and reels made by students of our college.

Asha Thakur Nodal Officer Red Ribbon Club GDC Drang at Narla.



## Red Ribbon Club

List of Prize Winners (2023-24)

# During International Youth Fest-23 and World AIDS Day Celebrations

	Name	Class	Roll No	Event/Position	Amount	
	Nitin Verma	BA III	1210270100	2 position in Dist. level Reel making competition organized during International Youth fest 2023 on HIV/AIDS awareness	80 + cash prize	
2.	Suresh	BA III	1210270169	Participated in Dist Level	Cash	
	Gitesh	BA II	202201501001041	Marathon competition (5	prizes	
	Arvin	BA III	1210270036	km) at VGC Mandi during International Youth Fest — 2023		
3.	Suhani	BA III	1210270162	I <sup>s</sup> in Slogan writing competition on World AIDS da celebration	90	
4.	Poo∙a Devi		202201501001100	2 <sup>n</sup> in slo an writin	80	
5.	Sonia		202201501001164	I <sup>s</sup> in Poster making corn etiticn	90	
6.	Yo esh		202201501001165	2 in Poster makin	80	
7.	Ankita		202201501001018	I <sup>s</sup> in Declamation com etition	90	
8.	Raunak Thakur	BAI	23HIN005	2 <sup>n</sup> in Declamation	80	
9.	Ritika	BSc II	202201501002008	I <sup>s</sup> in Reel making com etition	90	
10.	An∙ali	BSc II	202201501002002	2 in Reel makin com	80	
11	. Kanika	BA III	12102700601	in Rangoli competition	90	
	Komai	B Com I	23BCM003		90	
	Raunak		23HIN005		90	
	Shivani		202201501001139		90	
12.	Anjana	BA III	1210270030	2 in Rangoli comp.	80	
	Shivangi	BCom Ill	3210270002		80	

Shabnam BA III 210013

## ANNUAL PRIZE DISTRIBUTION FUNCTION (2023-24)

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### LIST OF PRIZE WINNERS spoRTS/ CULTRUAL/ EXTRA-CURRICULAR ACTIVITIES EXECUTIV<u>E</u>

FACE BEARERS

Post

Name of Student

I. P	æsident	Class	Roll No,		
2. Vice President		Deepak	B.Sc. I11	2210270008	Amount Rs 120
2. v 3.	ice riesident	Aditya YadaC	B.A. ill	1210270009	120
3.	General Secretary	Priya Chauchan	B.A. I 1	202201501001 10	120
4.		T	DO I	22DCM002	120
	Joint Secretary	Tanvi Thakur	B.Com. I	23BCM002	120
MEME	BERS Member	Vipna Devi			
2.		· · · · · · · · · · · · · · · · · · ·	B.Com.111	3210270004	
	Meniber	Sunakshi	B.Sc. I 1	202201501002015	
3.					
	Member	Palvi Thakur	B.A. I	23POLOO1	
4.	Member	Yogesh	B.Sc. I	23Z00001	
5.					
Member Vipna Devi B.Com.111 3210270004 MEMBERS FROM OTHER CATEGORIES					
1011210	Member (NCC)	Vishal Thakur	B.A. Ill	1210270184	
2.	Member (NCC)	Shivangi	B.Com.	3210270002	
3.	Member (NSS)	Vashnavi	B.A. I 1 1	1210270178	
4.	Member (NSS)	Jagdish	B.A. I 1	1210270055	
5.	Member (Rover)	Nishant Sharma	I B.A. Il	202201501001087	
	Member (Ranger)	Jyoti	B.A.II	202201501001049	
	Member (Cultural)	Anita Kumari	B.A. I	22POLS005	

	Member (CulturaO	Muskan	B.A. Il 1	12 10270087
	Member (Sports)	Amisha Thakur	B.A. Ill	1210270017
	Member (Spores)	Shalender Thakur	B.A. Ill	1210561015
	Member (Red Ribbon Club)	Suhani	B.A. Ill	1210270162
12.	Member (Eco-Club)	Neha	B.Sc. I 11	2210270018